



**Dream
Dare
Share..**

13th Equilibrium Mentoring Programme

British Chamber of Commerce 2023





Dream – Dare – Share

- Encouraging and empowering women in business & management
- Providing support for women after parental leave or with career restart
- Shaping a new generation of women managers and strengthening gender diversity



Ten Amazing Months

- Equilibrium starts in September and ends in June – **10 months full of activities**
- Six one-on-one mentoring sessions

3

Sessions for
the whole
community

5

Workshops
with our
experts

5

Physical
MyStory
events

5

Online
events or
more



Personal Benefits

- Helping others with orientation on their career path
- Focused on your personal growth
- Sharing your knowledge & best practices
- Meeting new people – extending your pool
- Supporting motivation and personal well-being
- Being part of lovely community





External Takeaways

- Higher educational platform recognition
- External Mentee from various companies
- CV & LinkedIn reference update
- Career and business opportunities
- Extension of your professional network
- Listening to interesting speakers and personalities from business



Meet Our Mentors



Drahomíra Mandíková
Asahi EU & Int



Kuuno Vaher
AstraZeneca



Eva Benešová
Principal Coaching



Petr Šmíd
Google



Katarína Navrátilová
TESCO ČR



Kateřina B. Jacques
**Embassy of Sustainable
Thinking**



Kateřina Halásek
Dosedělová
PwC



Neil McDonald
GSK



International Participation

- Global hybrid model since 2020
- Mentors from EU Countries and from the UK
- Optional ONLINE vs OFFLINE participation
- Sharing experience from the same companies but from different countries
- Focusing on diversity and inclusion





Summary – What You Get

Package for Mentors	Contents
Matchmaking and pairing with selected Mentee	✓☐
Mentor training workshops – Mentoring Essentials	✓☐
Individual one-on-one sessions with your Mentee (minimum of 6 sessions)	✓☐
Opening Conference & Networking in person	✓☐
Mid-term Conference & networking online	✓☐
Closing Conference & networking in person	✓☐
Access to Mentoring Helpline – support throughout the programme	✓☐
One day with your Mentee for shadowing	✓☐
Opportunity to attend five Equilibrium workshops – soft & hard skills	✓☐
Online Thursday Taboo Talk events	✓☐
My Story events – informal events with inspirational speakers	✓☐
Discounted price for the selected BCC events from September to June	✓☐

*all the offline events include refreshments & drinks

Meet Our Steering Committee



Eva Shaw
August Leadership



Kristin Parpel
KLP Coaching



Brigitte Lintner
ACC & PCM Coach



Kate Davenport
UK Embassy



Adam Wojtovič
Eschola



Yvona Tošnerová
**Raiffeisen stavební
spořitelna**



Luděk Vrána
Kocián Šolc Balaščík



Jan Bubeník
Bubeník Partners

BCC Equilibrium Team



Silvia Bušniaková
Managing Director



Matěj Budárek
Programme Manager



Tatiana Levko
Programme Executive





EQUILIBRIUM

Powered by BCC